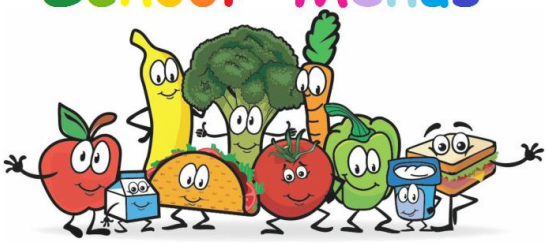
Newsletter: 5 September 2025

BARLOW HALL PRIMARY SCHOOL

The Place2Be website has a range of parenting support and information including practical tips to support children's wellbeing and behaviour on a wide range of topics from sibling rivalry, to anxiety and battleground mealtimes to building secure relationships and a whole host more of valuable support. To find out more please go to: https://parentingsmart.place2be.org.uk/

School Menus



Menu week:

Week 1: **Wed 3 September:**
Week 2: **Mon 8 September:**
Week 3: **Mon 15 September:**

Click the week number above to see each menu

We will be introducing a new menu after half term. This follows close consultation with our Rights Respecting Council and reflects the updating of our healthy schools policy, which will be available on our website, once ratified by our Governing Body. More details to follow.

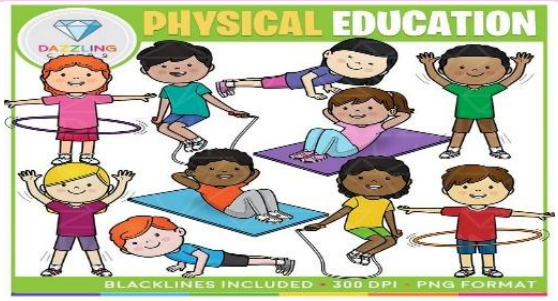


Free full-time Nursery places available now for 3 year olds
We are offering free full-time places to all children in our Nursery class. If your child's birthday is between 1/9/21 and 30/8/22 apply now Click here

To find out more about funded places for 2 year olds please click hereTo apply for a place in our Barlow Bears 2 year old provision (click here),

Complete the admission form and return it to admin@barlowhallprimary.co.uk along with a copy of your child's birth certificate or passport and a bill or official letter/document with your current address on.

To find out more about 15 and 30 hour funding please click here.



PE Days for this half term (+ terms 3 + 5)

Nursery: Do not need to wear PE kit
Reception: Thursdays - (Wear PE kit)
Year 1: Mon + Fri (Wear kit both days)
Year 2: Tues + Wed + Fri (Wear kit all 3)
Year 3: Wed + Fri (ear PE kit both days)
Year 4: Thurs (Wear kit) Fri Swimming kit
Year 5: Thurs Wear kit + Fri (Bring kit)
Year 6: Friday (Bring kit)



Meet the Teacher sessions: 2:45 repeat 4 pm

Nursery – To be confirmed

KS1 – Y1+Y2 – Tues 9 Sept

LKS2 - Y3+Y4 – Wed 10 Sept

UKS2 – Y5+Y6 – Thurs 11 Sept

Barlow Bears and Reception parent meetings occurred last term.

Weather Appropriate clothing



The weather, as you are all aware, is very changeable at the moment so please can you ensure that your child brings a coat in with them every day in case it is raining whilst they are playing out, and that they are wearing their full uniform.

Important Dates and INFORMATION

Weekly Events

Mon - Celebration assembly
Tues – Oracy Assembly (fortnightly)
Wednesday – Singing Assembly
Thurs - Sure Start Cheeky Chops sessions
Fri –Themed Assembly linked to children's rights
Fri – Nursery ball and Motor Skills with CITC
Fri Y1 – Y6 CITC skills training
Fri – Y4 Swimming from 12/9/25
Fri from 3/10 – Starting Strong Course with Sharon Drinkwater

UPCOMING EVENTS

9.9 Cross Country running at Chorlton Park Y3-6.– please return forms by Monday 8th. First 30 to reply. You will receive a confirmation text to let you know if your child has a place.
10.9 Year 1, 2, 3 Meet the team 2.45pm repeated at 4pm
11.9 Year 4, 5, 6 Meet the team 2.45pm repeated at 4pm
12.9 9:50am Themed assembly - International Literacy
19.9 Themed assembly - Wellbeing and Mindfulness
25.9.25 Inclusion Coffee Morning – 9am -11 am
26.9 Themed Assembly International Day of Sign Language
1.10 Black History Month
3.10 Themed assembly - Harvest
3.10 Starting strong Course with Sharon Drinkwater
8.10 Y5 to the People's History Museum
6-10 -Dyslexia Awareness week
7.10. 2pm House Team Meetings
10.10 Themed assembly - World Mental Health Day
17.10 Show Racism the Red Card (non uniform - wear red)
17.10 House Points winners announced
17.10 Themed Assembly – Show racism the red card
21.10 House winner non-uniform day
24.10 Themed assembly - Introduce Anti Bullying week theme
24.10 Break-up for half term – 3:15 pm
3.11 Return to school
4.11 Nasal Flu Immunisations Reception to Y6
5.11 Interim reports and parent surveys out to parents
11.11 Remembrance Day
11.11 Anti-Bullying Week
11.11 Pupil Progress evening 1
18.11 Pupil Progress Evening 2
20.11 Children's Day
27.11 Inclusion Coffee Morning 9 am
28.11 Year 5 Class Assembly – 9 am - parents Invited to attend
28.11 Reception and Y6 Height and weight screening

Term Dates

SEPTEMBER
School closed INSET Days Mon 1 + Tues 2
Open for uniform sales : Tues 2: 12- 2pm
Wed 3rd Children return to school:
Gates open 08:30, Lines go in 8:40 am
Break up Friday 24 October 3 pm
AUTUMN HALF TERM

Return to school Monday 3 November
Break Up Friday 19th Dec 2pm, No ASC
CHRISTMAS HOLIDAYS

Return to School Monday 5 January 2026
Break up Friday 13th February 3 pm
SPRING HALF TERM

Return to school Monday 23rd February
Break up Thursday 2nd April 2 pm (No ASC)
EASTER HOLIDAYS

Return to school Tuesday 20th April
School closed Monday 4 May Bank Holiday
School closed INSET Thurs 7 May – polling
Break up Friday 22nd May 3 pm
SUMMER HALF TERM

School reopen Monday 1st June
School Breaks up 17 July 2pm No ASC
School Closed – 20+21 July INSET Days



Clubs Autumn Term 25/26

Book via School Gateway App clubs page

Art Ms Samrai Monday (3:20 - 4:20) 4/5/6

Book Club Ms Peacock Tues 12:45-1:15 5/6

Singing / Pop Choir Ms Brien Friday 12:30 - 1:00pm Years 3,4,5 and 6

Prayer club Mrs Hadjam Every day 12:00 – 12:30 pm - Years: 1/2/3/4/5/6

Book online via company website:
Little Sports Coaching – Football; Weds, 3:15 to 5 pm. Click here to go to website

We would like to thank all our children, families and staff for a great first week back.



Nasal flu consent



Nasal Flu Immunisations consent forms for children in Reception to Year 6 will be soon be sent out via the School Gateway app.

Please complete and return the form to as quickly as possible so that your child does not miss out on their free nasal flu immunisation.

Parents of children in Barlow Bears and Nursery should book their nasal flu immunisation with their GP surgery.

Register for Cool Milk today – Cold milk, straight from the fridge



Please keep our children safe - Reinforcing safeguarding procedures at Barlow Hall











SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES

Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS

Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP

Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS

Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS

Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING

Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES

Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL

If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER

Involve children in preparing for school - buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT

Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



#WakeUpWednesday®

The National College®