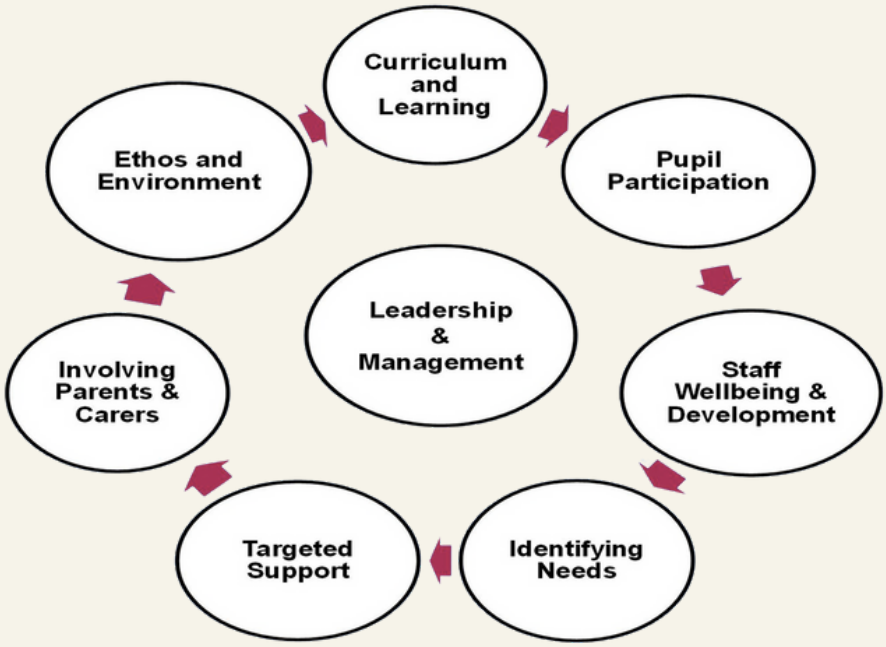
Mental health and wellbeing are important to everyone. When you feel good, it's easier to work and learn, and to enjoy spending time with family and friends. Your child's school has been awarded the Sandwell Charter Mark for Wellbeing. This award is presented in recognition of their whole school approach and commitment to supporting and developing the mental health and wellbeing of staff, pupils, and parents. A whole school audit took place to gather the views of parents/carers, staff, and pupils and was analysed in relation to the following principles that Public Health England (2021) reported contribute to mentally healthy schools:

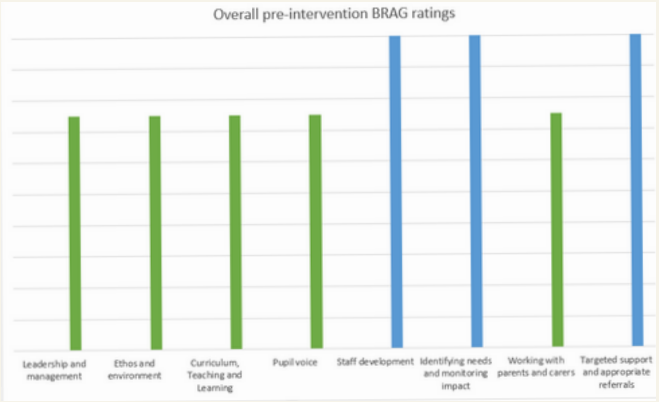


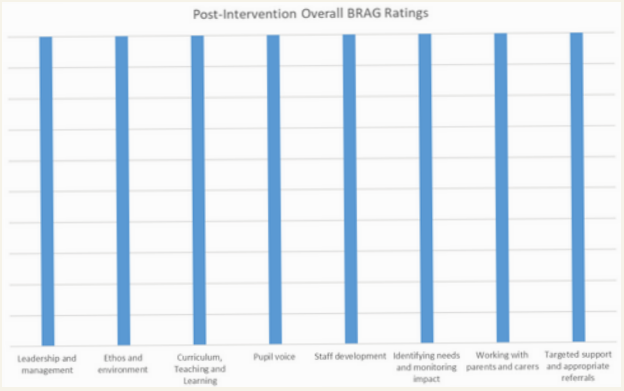
The senior leadership team planned changes and then the audit was completed again to see if these changes had improved the way that pupils, school staff and parents/carers felt. Some of the things that your child's school changed included:

- PE equipment – removal of unused outdoor equipment in playground.
- Worry Boxes will become established across all classrooms, and children will be told how to use these, and told that pastoral member of staff will read through the worries rather than the class teacher.
- The school council will become more embedded in school, establishing roles in school and giving leadership roles to encourage pupil empowerment.
- Curriculum overview will be sent out to parents each term. SLT to consider how this can be consistent across the key stages and accessible for parents to understand.
- SLT to consider ways in which to make staff more aware of the support available.



This first graph shows Barlow Hall's scores before the action plan and the second graph shows the scores after staff implemented changes.





Blue shows the highest rating a school can achieve and means the school has gone to exemplary efforts and there is sound evidence that any changes school has made have had a clear impact on wellbeing.

Some of the things that staff said:

'I see my role in Barlow Hall as part of a supportive network who work together to ensure the happiness, progress and well-being of the children.'

Some of the things pupils said:

KS1 pupil –
'All the school is a group because sometimes we work together or we all go out and play on the playground or we are working in pairs or groups.'

KS2 pupil –
'In our classroom, we have a class worry box where you can put your worries and I put in a worry and the teachers came to me and they helped me and told me not to worry.'

'Actually, there is proof they have listened to us last year, I wasn't sure about the rights respecting or the school council doing much but I noticed we asked to have more clubs and this year they have a new selection of clubs, they have listened to our suggestion of clubs.'

Some of the things parents/carers said:

'I feel the school is welcoming and includes everyone in an open and helpful manner.'

'Barlow Hall has not just included my children but has shown them through the actions and culture of the school all the benefits to being inclusive - a really important part of a child's learning that they do so well.'