

Nasal Flu Vaccination Programme



Flu is a serious virus that mainly effects your respiratory system.



The flu vaccine helps to protect your child and family against the virus, especially those that have other health problems.



The flu program has been running in primary schools for a number of years.

The nasal flu vaccine is the very best way you can protect your child against the serious effects of flu.



For ALL children in reception to year 6, their **FREE** flu nasal vaccination is available at school.

School will send you a consent form or an online link to complete for your child.

Complete and return your consent form to school **as soon as possible or complete the online link to consent.**

If you have consented to your child receiving the flu vaccine this will be administered by a registered nurse in school between October and December.

Once your child has received the vaccine they will receive a post vaccination slip or **email** to confirm they have had it and we shall inform your GP.

Contact Immunisation Team on: 0333 358 3397

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MYTH vs FACTS..

“The flu vaccine contains Coronavirus”

NO! The flu vaccine does not contain coronavirus. You can not get coronavirus from the vaccine and also the flu vaccine does NOT protect you against it.

“The vaccine makes you poorly.”

You can't catch flu from having the vaccine. Sometimes, if you are becoming ill and then have the vaccine it can seem like the vaccine has caused it.

“I'm scared the nasal flu vaccine will hurt”

NO! The nasal flu vaccine does not hurt. It is like a spray of water up each nostril.

“Flu isn't that bad, its just like a bad cold.”

Flu is much worse than a cold, lots of people including children end up in hospital and even die from flu every year.

“My child had a vaccine last year, so doesn't need it again.”

The type of flu changes every year so it is important to have the vaccine every year to stay protected.



To help yourself and your family stay healthy—wash your hands regularly, use tissues when you cough or sneeze and make sure you are up to date with your vaccinations.



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