



Forest School Session 4- Summer 2020

In these sessions we will be sharing inspiration, facts & ideas for activities

Did You Know?

That the month of June was probably named after the Roman goddess Juno. She was the wife of Jupiter, the king of the gods.

Today is Wednesday 24th June 2020, and after this week the days will get shorter and the nights will get longer.

We are going to start this session with a Quiz:

Which of these materials is man-made and which is natural?



Activity:

How many colours can you make from nature?

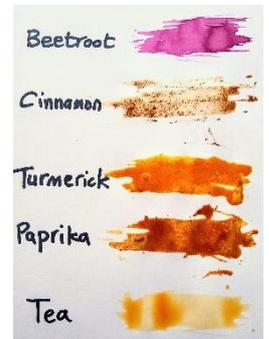


Step 1. Begin by making a paint brush. Find some grass, a seed head, or something with very thin leaves and a stick. Pull the leaves together and tie them around the stick with a rubber band.





Step 2. What natural colours you can find in the kitchen? Add a bit of water to some spices or find some vegetable juice. Use your paintbrush to stir your paint in a bowl. My favourite was beetroot but the cinnamon was a bit gritty.



Step 3. What you can squash onto some paper, or mash into a bowl, using your fingers? I found some leaves, flowers and a strawberry (a tiny one). I found some fruit in the kitchen, and some leaves and flowers outside. I only picked flowers or leaves if there were lots of them, and I only picked 1 of each... If you are squashing fruit, don't forget to lick your fingers.



Step 4. Make some mud paint. Using your paintbrush, mix some earth with water. Can you decorate a tree trunk a wooden fence or some paving slabs with your mud paint?



Factbox: The cave paintings made 73,000 years ago were made using dirt or charcoal mixed with spit



Flower of the week: can you find this flower?



Honeysuckle has stems that are red when young that climb clockwise around branches and stems of other plants. In summer white or yellow, red-flushed tubular flowers appear in clusters that turn into red berries in the autumn. Bees, butterflies & moths are attracted by the sweet smell. Bats and birds feed on these insects. Its climbing stems provide nest sites for birds and dormice, and juicy red berries are eaten by birds and mammals.

Time to Reflect- can you paint something in your nature book? What made the worst paint, and which was your favourite colour?

Answers to quiz:

Natural materials are: stone, sand, clay, cotton, metal, glass, wood, rubber, wool, gold, pearls and chalk

Man-made materials are: Tights, plastic, trainers, brick and concrete