



# Forest School Summer Term 2 Session 5

In these sessions we will be sharing inspiration, facts & ideas for activities

**Did You Know?** July is known as lush and green. The names for July's full moons are wryt moon or mead moon, **Wyr**t is an old English word for herbs and **mead** is the name of a drink made with honey. July is the time when beekeepers take their first honey of the year.

## Activity 1: What can you see?

Turn over a log, a stone or a brick. I guess there will be creatures that are living under there. **How observant are you?**

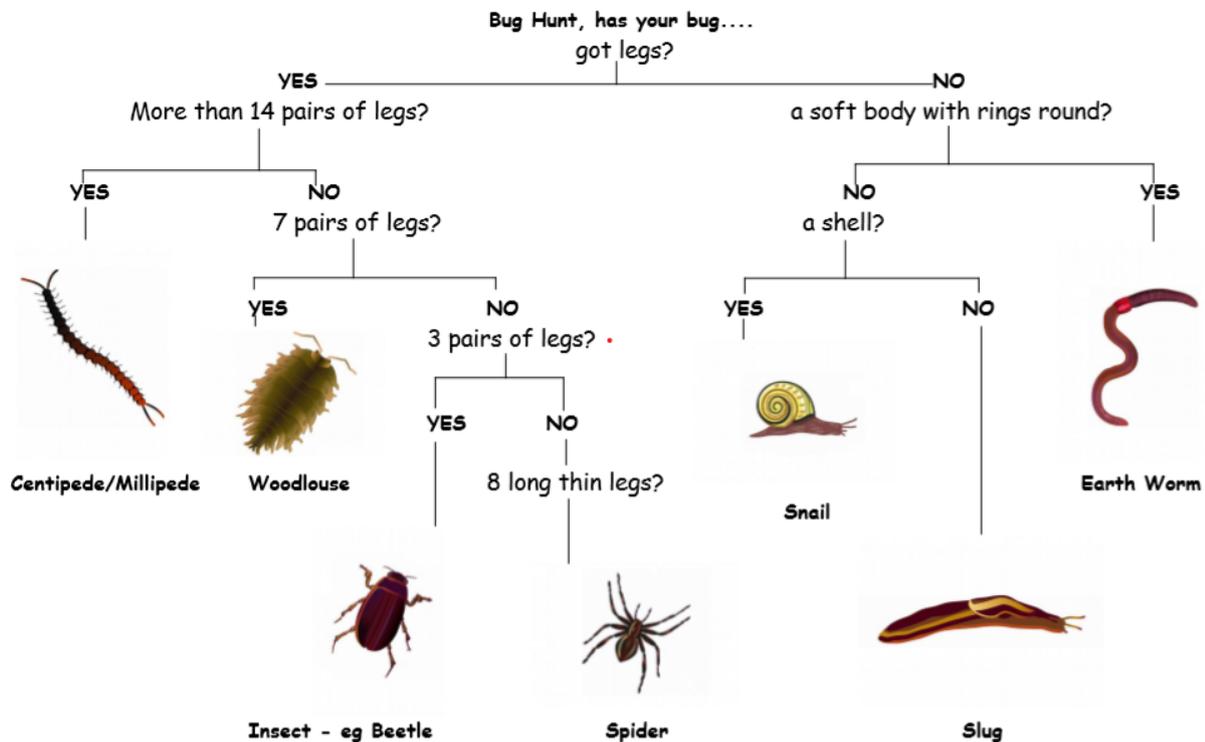


- Do the creatures have the features we have? : Eyes, nose, ears, mouth, hair, arms, legs?
- Do the creatures have features we don't have: Wings, antenna, a shell?



## Activity 2:

Using the bug hunt key can you identify any of the bugs in your garden? You could record them in your nature journal (stick book)



## Activity 3:

Can you find some mud or clay, otherwise you could make playdough? If you can you could make up your own **imaginary** bug. Does it have legs, eyes, wings? Does it have antennae, horns, a shell?

What could you make these features with? Could you use sticks, leaves, grasses, seed pods?

### Play dough recipe

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

### **Method**

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.



### Fact box

#### ANTS

- There are more than 12,000 species of ant worldwide
- Ants can lift 20 times their body weight, that is equivalent to a primary school child lifting a car
- Ants have no ears, they use vibrations in the ground
- Ants play an important part in the environment. They turn and aerate soil allowing water and oxygen to reach plant roots
- Ants eat a wide variety of organic material and provide food for many different

**Flower of the week:** Can you find this flower?

## Common daisy: *Bellis perennis*



**Height:** up to 10 cm

**When to see:** January to December

**How to identify:** Close to the ground and among short grass. A single stem carrying a flower head. The centre is yellow with surrounding white petals

**Habitat:** grassland, farmland, woodland, towns and gardens

Have you ever made a daisy chain? If not, why not ask parents or grandparents to show you how to do it. The name daisy originated from the Anglo Saxon word “deas eage” meaning day’s eyes. Daisy flowers open at sunrise and close at night.

**Time to Reflect-** Do you find minibeasts scary or perhaps disgusting? Does it help to say that they are much more scared of us than we are of them? Can you try and think of a way of accepting these tiny creatures because they are all part of our eco system and are important for the existence of plant and animal life?