

Forest School Worksheet

Spring Term 1, Session 2

In these sessions we will be sharing inspiration, facts & ideas for activities

Did You Know?



Mars is visible in the night sky all through January, look for a large reddish star, high up in the south.

You can tell the difference between planets and stars because planets don't twinkle when you look at them and stars do

Activities:

1. Winter Hunt

This week we have attached a winter hunt for you to take into your garden or on a walk with your family. We suggest you print off the sheet or write a list of the things on the sheet. Take it outside and tick them off as you spot them.



Don't worry, you probably won't see them all. Birds only come into your garden if they are not scared, nuts will be under hazelnut or oak trees and catkins are only on certain trees like the Alder, Birch, willow and hazel.

2. Nature spotter: Can you leave clues or labels for your neighbours or family?



Here are some ideas:

- You could label what you find with chalk on tarmac or stone
- Otherwise you could use sticks as arrows to point at your finds. (This is good for ground finds)



- Also you could balance paper labels



- Or attach labels to sticks to mark your find.



When you have finished, how about you ask someone to see if they can find all your labels/clues?

Fact: Did you know that red squirrels often hide mushrooms and toadstools in tree branches.

By hanging them out to dry the fungi can last for several weeks as a food source.



Bird of the week: Robins – have you spotted a robin yet this year?

- It has a distinctive red breast and face, grey under body, brown head, wings and tail.
- Their flight is distinguishable by rapid wing beats for short, fast flight.
- The robin has a beautiful sounding song.
- In winter, the robin puffs up its feathers to insulate its body against cold winds.



Time to Reflect: Traditionally the new shoots and buds give us **hope**, they show us Spring is coming soon and with Spring we can look forward to warmer weather, spring flowers and brighter sunshine. Do you think you look forward to Spring? Can you think of something that you would like to do outside?

And finally our new feature, **Story Time with Jane**, just follow this link online to listen to Jane tell another story round the fire. This week it is a story about the twelve months of the year.

<https://youtu.be/B17CfH3mK1g>