



Barlow Hall Primary School

IMPORTANT NOTICE!!!

BOOKINGS MUST BE RECEIVED BEFORE THE START OF THE SESSION, PARENTS WHO HAVE NOT BOOKED WILL BE ASKED TO COME AND COLLECT THEIR CHILDREN.

Dear Parents, Carers and Guardians,

Little Sports Coaching are running the following sports clubs at your child's school.

Dodgeball KS1 & KS2 - The Dodgeball club see the children take part in warm ups and fun games to coach skills such as movement, balance, catching, throwing, dodging and co-ordination. The sessions will end with a dodgeball match.

Day: Monday **Dates:** 24/04, 08/05, 15/05, 22/05 **Time:** 3.00pm - 4.30pm **Cost:** £10.00 or £2.50 per session

Olympians KS2 – Our Olympians club see the children introduced to two different sports each session through fun games, fun drills and tournaments. The sports include mini tennis, hockey, netball, tri-golf, tag-rugby, basketball, dodgeball, mini soccer, athletics and many more. The children will enjoy being coached different aspects of each sport.

Day: Tuesday **Dates:** 18/04, 25/04, 02/05, 09/05, 16/05, 23/05 **Time:** 3.00pm - 4.30pm **Cost:** £15.00 or £2.50 per session

Mini Soccer - The Mini Soccer club see the children improve football skills such as dribbling, passing, shooting, heading and more, whilst taking part in fun warm-ups, practises, games and tournaments with each session ending with small sided football matches.

Day: Wednesday **Dates:** 19/04, 26/04, 03/05, 10/05, 17/05, 24/05 **Time:** 3.00pm – 4.30pm **Cost:** £15.00 or £2.50 per session

Gymnastics - The Gymnastics club specialises in exciting, fun and interactive gymnastic sessions. All sessions provide the young people with the opportunity to learn and develop a variety of skills such as, rhythm development, co-ordination, balance, flexibility, strength, agility, posture and improved fitness.

Day: Thursday **Dates:** 20/04, 27/04, 04/05, 11/05, 18/05, 25/05 **Time:** 3.00pm – 4.30pm **Cost:** £15.00 or £2.50 per session

Olympians – KS1 - Our Olympians club see the children introduced to two different sports each session through fun games, fun drills and tournaments. The sports include mini tennis, hockey, netball, tri-golf, tag-rugby, basketball, dodgeball, mini soccer, athletics and many more. The children will enjoy being coached different aspects of each sport.

Day: Thursday **Dates:** 20/04, 27/04, 04/05, 11/05, 18/05, 25/05 **Time:** 3.00pm – 4.30pm **Cost:** £15.00 or £2.50 per session

Things you need to know - All children will be awarded a certificate at the end of the course. Don't forget to pack clothes appropriate for the session and it's a good idea to pack a healthy snack and soft drink for any breaks. We take safe guarding very seriously that's why all of our Coaches are qualified First Aiders, undertake Safe Guarding training and hold a DBS (Disclosure and Barring Service) certificate.

Please note all bookings must be made online at least 48 hours before the start of the FIRST session.

Book NOW at www.littlesportscoaching.co.uk/school-clubs

The UK's number 1 provider of soccer schools, sports coaching and dance programmes



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